

C-FIT COMMUNITY CERTIFICATION

CHESTERFIELD COUNTY, VA

PREPARED BY THE
CHESTERFIELD COUNTY
PLANNING DEPARTMENT



WHAT IS C-FIT COMMUNITY?

C-Fit Community is a new healthy and active living community initiative led by Chesterfield County to help improve the well-being and quality of life for county residents and visitors. It is an organization consisting of representatives of various county departments, community partners and other community groups with an Interest in improving our community. The focus of the initiative, originally begun as a partnership with Sports Backers, highlights overall wellness including mental, emotional and physical health for all who live, learn, work and play in Chesterfield County.

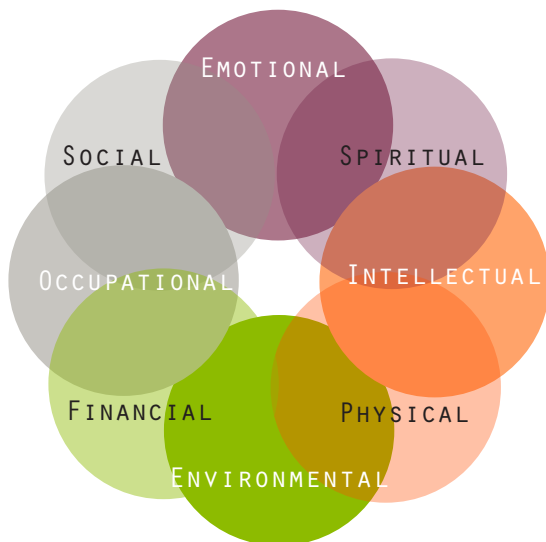
VISION

To be a healthy, engaged and thriving community in which to live, learn, work and play.

MISSION

To create a culture of positive change that enhances the health, well-being and quality of life within Chesterfield County. We do this by collaborating and engaging with our residents, visitors and valued partners.

C-FIT COMMUNITY'S EIGHT DIMENSIONS OF WELLNESS



SCORING

C-FIT Certified Community of Excellence: 172-128 (Perfect 172)

C-FIT Certified Community with Distinction: 127 - 91

C-FIT Certified Community: 90 - 51

COMMUNITY DESIGN & AMENITIES

- (___ %) Homes with usable front porches or apartments with balconies (10, 5, 3)
- Open space improvements accessible by trails/sidewalks (10, 5, 3)
- Pool/clubhouse (10 points)
- Playgrounds (5 points)
- Sports areas (tennis, pickleball, sports fields) (5 points)
- Dog parks (3 points)
- Social pavilions (cooking out, small parties, celebrations) (5 points)
- Community gardens (5 points)
- Meditation garden or trail (5 points)
- Wayfinding signage for navigation throughout the community (5, 3, 1)

WALKING & BIKING

- Ability to walk to school (3 points for each ES, MS, HS)
- (___ %) Streets with sidewalks/bike facility (10, 5, 3)
- Linear feet of continuous shared use paths per dwelling (10, 5, 3)
- Length of trails and sidewalks extending beyond community (bonus points)
- (___ #) Desirable uses within community that are accessible via walking/biking facilities (10, 5, 3)
- (___ #) Desirable uses beyond community that are accessible via walking/biking facilities (bonus points)
- Traffic calming measures to reduce vehicle speeds and improve bike/ped safety (10, 5, 3)
- Sidewalk/trail amenities provided (benches, trees, lighting) (5, 3,1)

NATURAL ENVIRONMENT

- (___ %) Homes adjacent to forested open space (10, 5, 3)
- (___ #) Access to water features (creeks, ponds, lakes) (5 points each type (Max 10 points))
- (___ %) Lots that protect native vegetation (5, 3, 1)
- (___ #) Active programs by HOA to promote protection and planting of native vegetation (5, 3, 1)

OTHER

- Active HOA or Community Association (10)
- (___ #) Community events/activities aimed at healthy living (5, 3, 1)
- Access to transit (10, 5, 3)
- (___ #) Volunteer events/opportunities
- Economically diverse housing throughout community (10, 5, 3)